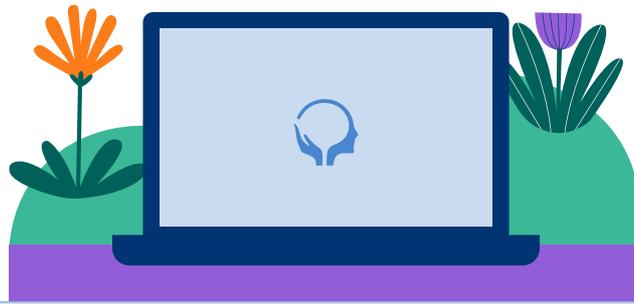


How to book therapy on Clearhead



1

Open the Clearhead app or go to nzmmi.myclearhead.com.

2

Once logged in, click **Therapy from the left hand side bar and then **Find a Therapist**.**

3

Select either **Online Therapy or **In-Person Therapy**.**

4

Select a therapist that best suits your needs.

5

Select **Book Now on their profile.**

6

Select **New Zealand Medical Indemnity Insurance will pay for my therapy.**

7

Work through the booking form and select a time that suits you.

8

Click **Confirm. You'll receive an email when the appointment has been confirmed by your chosen therapist.**